

LCIF Core4 Grants for Diabetes Projects

Medical experts and diabetes advocates agree that some of the greatest challenges associated with diabetes include identifying those with the disease, preventing onset diabetes and reducing disability caused by related complications. Additional challenges for the diabetes and health care communities include improving access to comprehensive care and tackling discrimination and stigma faced by people with diabetes.

MISSION STATEMENT AND FUNDING STRATEGIES

Core 4 diabetes grants assist large-scale Lions-led or affiliated projects that support public health efforts that focus on expansion and enhancement of diabetes prevention, education, and access to treatment programs for underserved populations. These grants help successful diabetes initiatives with successful models and track records expand in order to serve additional people, reach new populations, and improve access to comprehensive diabetes management and education systems. LCIF funding strategies are as follows:

Prevention, Public Education and Awareness

- a. Community-based education and awareness programs that: promote education regarding pre-diabetes and what can be done to reverse symptoms especially among at-risk groups; focus on awareness of healthy lifestyles, diet and exercise; and involve peer groups, such as, workplace colleagues or fellow pupils to counter discrimination and stigma.
- b. As onset of diabetes is occurring at earlier ages, priorities include: community programs to get children involved in their own health; child-focused programs in schools about risks for diabetes; and conducting activities centered on diet and exercise.
- c. Diabetes screening activities for high-risk population groups based on national data, including screening for gestational diabetes. Use of diabetes risk assessment tests in screening activities is encouraged. Please note that typical screening programs are expensive and difficult to sustain; therefore, strong community partnerships for cost-sharing must be a component of a project in this area.
 - a. Programs that promote continued behavior changes among individuals diagnosed with diabetes; expansion of diabetes self-management education programs; camps and other initiatives to support children with diabetes; and programs for those with gestational diabetes.
 - b. Efforts to develop or expand local activity groups for people with diabetes.

Access to Treatment

a. Efforts to improve and expand existing diabetes health care services for underserved populations through primary level and community-based human resource training and equipment.

b. Programs that improve access to comprehensive diabetes treatment, including access to supportive health services that are related to diabetes care, such as, eye care and podiatry services.

- Large-scale Lions-led public awareness programs which work in conjunction with local or national health agencies or diabetes organizations.
- Fixed facility or mobile screening initiatives which target high-risk communities when combined with increased access to intervention and provision of care. Use of diabetes risk assessment tests is encouraged for use during screening initiatives.
- Enhancement of diabetic patient programs, including the expansion of diabetes camps for children, the inclusion of patient activity groups or the incorporation of staged self-management programs for patients in order to prevent further complications.
- Translation and additional cultural development of materials into appropriate languages, for areas where materials do not currently exist.
- Health facility expansion, such as, space to include diabetes education programming and comprehensive diabetes care services.
- Activities to involve children and adults in a healthy lifestyle, including diet and exercise. Support to form group activities i.e. walking groups.

Eligible Projects:

- Addresses a local or national diabetes need
- Supports efforts of a Lions district or multiple district
- Provides long-term benefits that can be sustained after the grant is completed
- Serves a large population or region
- Identifies Lions closely with project
- Involves Lions hands-on activities
- Receives funds from local Lions clubs

Should you have questions about LCIF Core4 or other Grants, please contact **LCIF:**
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