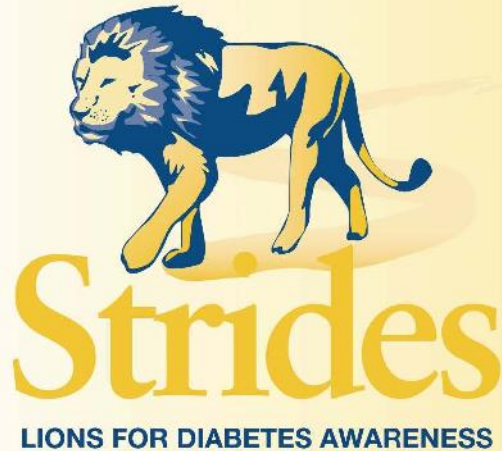


Lions District 20-Y2 Fall Convention



A Service Project Of
The Saratoga Springs Lions Club
and Lions District 20-Y2

 The Lions Clubs of District 20Y2

Lions Strides Educational Activity Fair and Walk

November 18th 8:30 AM - 4:00 PM

National Museum of Dance

Holiday Inn Saratoga Springs

Featuring

Diabetes Awareness Activity Centers

Diabetes Fact Finding Walk

Charles Macfarlane, CEO,
American Association of Diabetes Educators

Keller Johnson-Thompson,
Great Grandniece of Hellen Keller

Patricia Vannett, Lions International Director

Dr Edward Cordes, Global KidsSight Chairman

Free Strides T-Shirts & Pins to First 200 Attendees

National Museum of Dance

99 South Broadway, Saratoga Springs, NY 12866

Diabetes Awareness Activity Centers - 8:30 AM to 11:30 AM

Dining, Shopping, Education, and Fitness Centers

Learn healthy choices when dining in area restaurants and shopping in area grocery stores from dietitians. Learn about diabetes programs from local resources. Learn easy ways to stay active from local fitness coaches and physical therapists.

Diabetes Fact Finding Walk - 8:30 AM Registration, 9:30 AM Start

Learn the facts about diabetes from local medical and fitness professionals on an educational walk thru the Spa State Park.

Holiday Inn Saratoga Springs

232 Broadway, Saratoga Springs, NY 12866

Deli Bar Buffet - Noon (Optional -\$25 - Reservations required: contact Rita Ware at rware@nycap.rr.com)

Keller Johnson-Thompson, Great Grandniece of Hellen Keller - 1:00 PM

Charles Macfarlane, CEO, American Association of Diabetes Educators - 1:15 PM

Prediabetes and Diabetes - Understanding the Risks, Dispelling the Myths and Capitalizing on the Facts
This session will cover the basics of this chronic disease and set you on a path to successful self-management.

Dr Edward Cordes, LCI Global KidsSight Chairman - 2:15 PM

Lions "SEE" - Screening Eyes Early

Patricia Vannett, Lions International Director - 3:15 PM

LCI - Addressing the Diabetes Epidemic