

# Rosie's Walk / Run for Diabetes 2017

PRESENTED BY THE GALWAY LIONS CLUB



Rosie's Walk for Diabetes (A Lion's STRIDES event) will be held on Saturday September 16, 2017 at the circle in front of the Galway High School at 10 am.. There will be a 3.8 mile walk, a 5 mile run and a "modified" walk for those who think 1/2 mile or so on even ground is a better challenge for them. Our theme this year, our 18th!, is "keep on walking". Walking is a great exercise and exercise is a great way to improve your health and any diabetes concern you may have. We are offering special incentives for participants to be in both Rosie's Walk as well as the Saratoga Strides walk for diabetes awareness scheduled for Saturday, November 18, 2017 in Saratoga Springs State Park.

Saturday, September 16 at 10 AM  
Galway Junior - Senior High School  
5317 Sacandaga Rd, Galway, New York 12074

Visit [www.galwaylionsclubny.org](http://www.galwaylionsclubny.org) for more details.